



Florida Public/Charter National School Lunch 2014-2015 SY

Entree Items	CARB Units in (gm)	Calories	Fat Units in (gm)	Sat Fat Units in (gm)
<i>All American Hot Dog WG</i>	39.00	322.60	13.20	4.00
<i>Buffalo Chicken Sandwich WG</i>	39.00	347.000	12.50	2.00
<i>Cheese Pizza WG</i>	32.00	260.000	7.00	4.00
<i>Cheese Quesadillas WG</i>	40.87	337.162	12.26	3.58
<i>Cheesy Southwest Enchiladas WG</i>	16.00	136.000	4.80	3.20
<i>Crispy WG Chicken Salad</i>	15.99	271.322	15.45	4.47
<i>Ham & Cheese Mini Subs WG</i>	35.51	319.065	12.88	4.25
<i>Honey BBQ Rib Sandwich WG</i>	41.00	410.000	18.50	6.00
<i>Kickin' Buffalo Chicken Snack Wrap WG</i>	38.99	282.322	16.95	6.97
<i>Mozzarella Mini Calzones WG</i>	34.00	350.000	13.00	7.00
<i>Oriental Chicken Salad WG</i>	20.02	278.759	14.45	4.47
<i>Pepperoni Pizza WG</i>	32.00	270.000	8.00	4.00
<i>Santa Fe Chicken Snack Wrap WG</i>	31.76	169.740	9.86	4.34
<i>Stuffed Crust Pizza WG</i>	35.00	330.000	14.00	4.50
<i>Turkey & Cheese Mini Subs WG</i>	36.27	327.240	12.90	4.26
<i>Turkey Mozzarella Wrap WG</i>	31.26	155.175	9.40	5.01
<i>WG Crispy Chicken Nuggets</i>	10.82	204.356	9.62	2.40
<i>WG Muffin & Yogurt Cool Pack</i>	58.00	400.000	13.00	5.00
<i>WG Oven Baked Chicken Tenders</i>	53.00	605.000	16.00	4.00
<i>WG PB&J Cool Pack</i>	72.00	520.000	20.00	3.50
<i>WG Popcorn Chicken Bites</i>	13.01	198.136	10.01	2.00